HIGH PERFORMANCE COMMUNICATION FT. THE ENNEAGRAM

PARTICIPANTS GUIDE

Together we will:



Form strong team goals



Learn about the Enneagram



Reflect on the Enneagram and You



Create a plan to share the Enneagram

MEET YOUR COACHES

GEORGIA MCKEE

As a Theology major and Communications minor, Georgia has spent many years studying the Enneagram. She implemented her studies in her collegiate team and examined how the Enneagram took her team to the next level, making her enthusiastic to make this course available to all coaches and players.



JESSICA PARENTE



As a Communication Studies major,
Jessica understands the importance of
interpersonal communication,
especially within a team environment.
As a Division I collegiate athlete, she's
seen firsthand how the Enneagram
can reprogram and elevate the
culture of a team, and now strives to
give all college teams the same
success that she experienced.



NOW, LET'S GET TO WORK.

LET'S DISCUSS OUR GOALS

Conflicts & Misunderstandings

Team Goals

THE ENNEAGRAM AND YOU

Once you have completed the Enneagram evaluation, answer these questions:

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5 Strengths My Number Has	5 Weaknesses My Number Has
•	•
•	•
•	•
	•
•	•

Other Notes on My Number

THE 9 TYPES

The Reformer Principled, Diligent, Perfectionist, Thourough Perfections The Helper The Individualist Creative, Self-conscious, Authentic Cunious, Independent, Insightful The Loyalist Committed, Responsible, Reliable, Trustworthy The Enthusiast Confident, Storing, Decisive, Assertive The Challenger Confident, Storing, Decisive, Assertive The Peacemaker The Peacemaker Track of John Washing The Peacemaker The Peacemaker Track of John Washing The Challenger The Peacemaker The Peacemaker Track of John Washing Track of John Washing Track of Confidence Track of John Washing Track of Violing and not and their inference of the Individual Advocrates of and their of residence of the Individual Advocrates of and their of their		10			100	410	
The Reformer	ıype	Characteristics	Basic rear	Basic Desire	Warch our tor	SELES	Appreciate it when others
The Helper The Achiever Ambitious, Hard-working, Competitive The Individualist The Ind	One	The Reformer Principled, Diligent, Perfectionist, Thourough	Imperfection	To have integrity	Over criticism; resentment	Work hard make the world a better place	work hard and pay attention to detail; speak with conviction; follow through with promises
The Achiever Ambitious, Hard-working, Competitive and feeling no verranalysis inflatene and get and feeling no verranalysis things done. Lack of identity in the Investigator Curious, Independent, Insightful and guidance and insight controlled and get and insight sorrow. The Loyalist Committed, Responsible, Reliable, Trustworthy and guidance and guidance achievements. The Challenger Committed, Responsible, Reliable, Trustworthy and guidance and guidance and feel in the inflatence of the pain's sorrow and feel in the inflatence and fine and fun to their communities. The Challenger Confident, Strong, Decisive, Assertive and fun or protect oneself and fun to their separation. The Peacemaker and Accepting and inner stability in their relationships and did are accepting and inner stability and are accepting and and are accepting and are accepting and and are accepting and accepting	Two	The Helper Emphathetic, Friendly, Selfless, Passionate	Being unloved / unwanted	To be loved and appreciated	Resent when help is not reciprocated	Creates a welcoming space for others and acknowledges people's positive traits	give them affection, quality time, and gives them praise when deserved
The Individualist Creative, Self-conscious, Authentic Creative, Self-conscious, Authentic Creative, Self-conscious, Authentic The Investigator Curious, Independent, Insightful Curious, Independent Insight	Three	The Achiever Ambitious, Hard-working, Competitive	Being worthless and feeling no value from achievements	To be successful	Impatience and over-analysis	They take initiative and get things done.	notice their hard work; remind them that their worth is not in their success; speak quickly and to the point
The Investigator Curious, Independent, Insightful The Loyalist Committed, Responsible, Reliable, Trustworthy The Enthusiast Committed, Responsible, Reliable, Trustworthy Beling stuck in The Enthusiast Committed, Responsible, Reliable, Trustworthy The Enthusiast Committed, Responsible, Reliable, Trustworthy The Enthusiast Community In decision making And their Community Advocates for all And Creates And Innerability Advocates for all And	Four	The Individualist Creative, Self-conscious, Authentic	Lack of identity	To be oneself	Backing out of relationships when they are misunderstood	Creativity and ability to create a vulnerable environment	give affirmation about their unique features; gives them a safe space to share their feelings
The Loyalist Lack of support and guidance To fund support To fund support Lack of confidence Loyalty to the in decision making Loyalty to the and their The Enthusiast The Enthusiast Being stuck in pain / sorrow Happliness Ignoring and not inegativity in their Bringing energy Optimistic, High-energy, Versatile, Fun Being stuck in pain / sorrow Happliness Ignoring and not inegativity in their Bringing energy Confident, Strong, Decisive, Assertive Being controlled by others To protect oneself Lack of vulnerability Advocates for all and creates The Peacemaker To have peace Conflict avoidance Being able to see Trusting, Supportive, Calm, Accepting Reparation To have peace Conflict avoidance Being able to see	Five	The Investigator Curlous, Independent, Insightful	Helplessness	Competence	Observing but not participating	Giving strong advice and insight due to their observations	respect their need for personal space; create a space to share their ideas
The Enthusiast Optimistic, High-energy, Versatile, Fun Optimistic, High-energy, Versatile, Fun The Challenger Confident, Strong, Decisive, Assertive The Peacemaker Trusting, Supportive, Calm, Accepting The Enthusiast Optimistic, High-energy, Versatile, Fun Optimistic, High-energy, Versatile, Fun Optimistic, High-energy, Versatile, Fun Being stuck in Happiness ignoring the and fun to their communities / life To protect oneself T	Six	The Loyalist Committed, Responsible, Reliable, Trustworthy	Lack of support and guidance	To fund support	Lack of confidence in decision making	Loyalty to the people in their life and their community	give clear expectations and not change those expectations; reassurance when needed
The Challenger Confident, Strong, Decisive, Assertive Confident, Strong begin by others Loss and Loss and To have peace and inner stability The Peacemaker Trusting, Supportive, Calm, Accepting and inner stability and inn	Seven	The Enthusiast Optimistic, High-energy, Versatile, Fun	Being stuck in pain / sorrow	Happiness	Ignoring and not handling the negativity in their life	Bringing energy and fun to their communities / relationships	let them embrace their spontaneous side; participate in engaging and thrilling activities
The Peacemaker To have peace separation To have peace and inner stability Conflict avoidance and inner stability Being able to see multiple perspectives Trusting, Supportive, Calm, Accepting Trusting, Supportive, Calm, Accepting Accepting	Eight	The Challenger Confident, Strong, Decisive, Assertive	Being controlled by others	To protect oneself	Lack of vulnerability	Advocates for all and creates healthy environments	respect their trust; are honest and direct in all situations
of all people	Nine	The Peacemaker Trusting, Supportive, Calm, Accepting	Loss and separation	To have peace and inner stability	Conflict avoidance	Being able to see multiple perspectives and are accepting of all people	allow them to do things at their own pace

ENNEAGRAM LESSON PLAN

Key Objectives

Other Lesson Plan Notes:

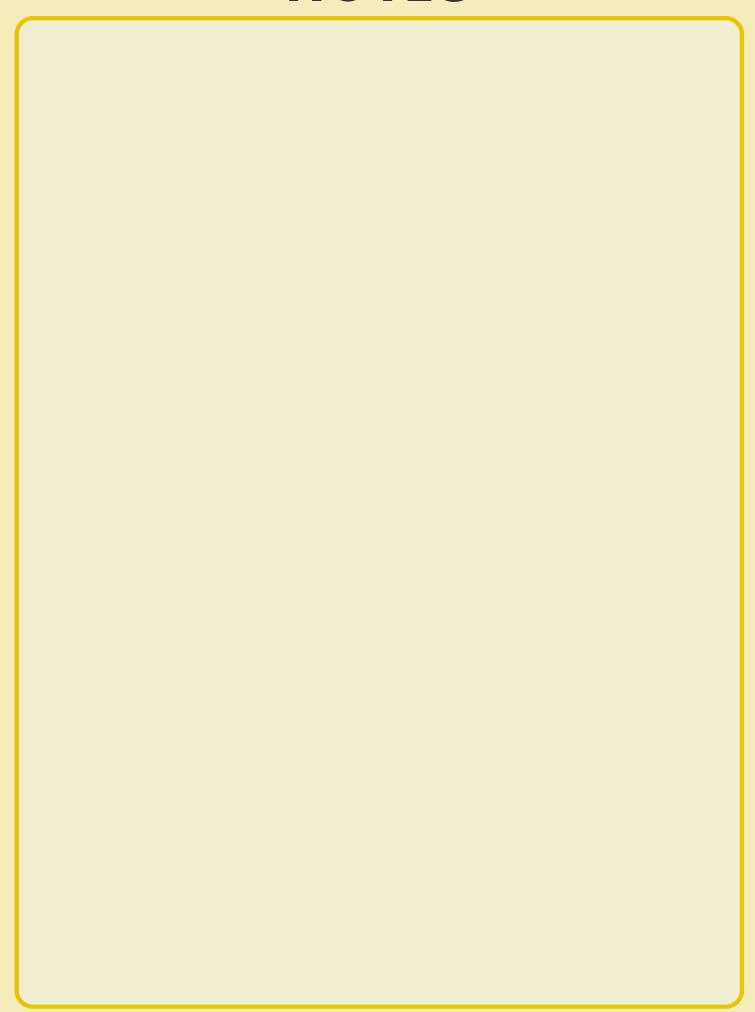
This training will be conducted on __/____.

This training will be ____ hours.

This training will will take place at _____.

I definitely want to include...

NOTES



COURSE EVALUATION

I'm glad that you: I wish that you: I wish that I: I'm glad that I:

THANK YOU FOR YOUR TIME, EFFORT, AND DEDICATION TO TAKING YOUR TEAM TO THE NEXT LEVEL!